



## Seminar on “Success by Design”

Department of Mechanical & Automation Engineering and Department of Mechanical Engineering in association with the Institute Innovation Council (IIC) and ASHRAE MAIT Student Branch organized a seminar on “**Success by Design**” on 18<sup>th</sup> November 2022. The speakers for the session were Ms Vandana Kapuria, Director Enmax Smart System, Co-Chair (Student Activity), AIC and Mr Gaurav Verma, Scientist, BARC. The objective of the event was to motivate and encourage the students to set and achieve their goals.

Ms Vandana Kapuria delivered an inspiring talk on the topic “**Success by Design**”. The talk was primarily focused on the smart way of achieving success. Ms Kapuria emphasized the participants for setting their goals in the S.M.A.R.T. way i.e., Specific, Measurable, Actionable, Relevant and Time-bound. In the seminar students were guided on the following points: clarity about their goals, identifying their limiting beliefs, How to have Focus, understanding their WHY, the daily success habits, overcoming procrastination, freeing up large chunks of their time and much more.

Finally, the event ended with a Q & A session. More than 100 participants attended the same and the event was a grand success.

